

Basketball coaches upskill in gender equity

Coaches from Korumburra Basketball Association participate in gender equity workshop as part of the Crash the Boards project.

Crash the Boards is funded through the Victorian Government's Preventing Violence Through Sport Grants Program and supports 7 basketball associations across Victoria to understand and embed gender equity in basketball.

The delivery of tailored workshops for coaches is an integral part of the Crash the Boards project. The workshops aim to increase the awareness and knowledge of coaches to better support their players around gender equity and gender-based violence.

Crash the Boards has delivered this workshop to over 135 basketball coaches across Victoria.

THE OPPORTUNITY

As a club dedicated to cultivating safe and inclusive environments, Korumburra Basketball Association (KBA) jumped at the opportunity to further develop their coaching staff through the Crash the Boards project.

THE PLAN

A total of 25 coaches from KBA participated in the gender equity workshop. The session was delivered in-person on a Sunday afternoon to align with a time when coaches were already scheduled to be at the stadium together.

The workshop aimed to:

1. raise their awareness of the gendered drivers of violence,
2. provide learning about gender equity, gender equality and harmful gendered attitudes, and
3. upskill the coaches on how to develop and deliver a fun basketball-specific warm-up drill for junior players to help facilitate learning about gender equity, including building respectful relationships and using respectful language.



“The Crash the Boards coaches workshop provided an invaluable opportunity for our coaching staff to deepen their understanding of the root causes of gender-based violence and learn a coaching drill to help build respectful relationships with the young people they coach. Equipped with this knowledge, they can now better guide and support the young people they coach, fostering an environment of healthy attitudes towards gender equality. We aim to continue cultivating safe and inclusive spaces within our club where everyone feels valued and respected.”

Bill Jeffs, President and Coaching Director, Korumburra Basketball Association

THE OUTCOME

Being involved in the Crash the Boards project has helped to strengthen KBA's ongoing commitment to inclusive practice.

Feedback from the workshop session indicated that coaches increased their awareness of the link between gender equality and the prevention of gender-based violence. It also showed that they felt more confident in their ability to be active bystanders to challenge behaviours and disrespect.

Surveys participants after the workshop demonstrated:

- **91% of coaches strongly agreed or agreed** that they were more aware of the links between gender inequality and gender-based violence.
- **93% strongly agreed or agreed** that they were more aware of the difference between equality and equity.
- **91% strongly agreed or agreed** that they feel more confident in challenging rigid gender norms around masculinity.

The Crash the Boards project draws upon ideas and advice from the **Safe and Inclusive Sport Guide**.

Read the Guide

View more case studies at sport.vic.gov.au

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